

INSPIRE

Master Class
SERIES

Under stand ing:

- ✓ Leadership
- ✓ Growth Mindset
- ✓ Change
- ✓ Culture
- ✓ Resilience

Managing Change @ Work

Tuesday, 4 November 2025

Managing Change @ Work

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Synopsis

Master the art of thriving through change in today's rapidly evolving workplace. This comprehensive workshop transforms how you and your organization approach, embrace, and leverage change as a catalyst for growth and competitive advantage.

What You'll Discover:

Understanding the psychology behind change resistance is the first step to breakthrough performance. We'll explore why our brains are wired to resist change, then provide you with a proven toolkit to not just adapt, but excel during periods of transformation.

Outcome:

Walk away with practical strategies, mental frameworks, and leadership tools that will help you navigate change with confidence, inspire your team through transitions, and position yourself as an invaluable asset in any evolving organization.

Who Should Attend:

Leaders, managers, and professionals who want to become change champions in their organizations and advance their careers through adaptability.

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Key Objectives



To help audience thrive in the face of volatility, unpredictability, complexity & ambiguity.



To reframe the mindset for change from fear, uncertainty and doubt to opportunities and optimism.



To help leaders lead better in going through organisational change.

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Program Outline

PART 1:

- Uncovering the root causes of change resistance and how to overcome them
- Discover why should you develop a capacity for change?

PART 2

- Building your "change muscles" through daily practice and small experiments.
- Future-proofing your career and skillset for long-term resilience.
- Strategies to reframe your relationships with uncertainty?
- How to mitigate risk and manage crisis?
- Understanding the 5 stages of grief

PART 3

- Leading organizational transformation: Insights from Airbnb's evolution

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Course Details

- Date: Tuesday, 4 November 2025
 - Venue: Mutiara Exchange, Room 1
 - Duration: 6 hours
 - Time: 9am - 12pm, 1.30pm - 4.30pm
 - Provision: 2 Tea Break & Lunch
- Certificate of Attendance

Course Fees

- **Normal Rate:** BND 300 / Pax
- **Early Bird Fee:** BND 250 / Pax
 - Register before 30 September 2025
- **Group Discount:** BND 200 / Pax
 - Minimum 4 pax
- **Individual Bulk Discount:** BND 200 / Class
 - Minimum 4 Classes Enrolment

Special Corporate Arrangement Available!

- BND 2,500 / Half Day
- BND 3,500 / Full Day
- Customised Content
- Client's Preferred Date
- No Maximum Capacity
- Exclusion: Venue & Catering

Registration: www.CuriousMind.biz/MasterClass

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About the Speaker

Shaun Hoon is the founder of Curious Mind, a platform to connect thought leaders and change makers to corporations and higher institutions to inspire growth and foster opportunities. His core business includes: corporate training, youth development and conferences, specializing in sustainability, soft skills and leadership.

Prior to this, Shaun started Inspire and Inspire Living Magazine to help readers live better and strive for greatness (See <http://inspirebn.wordpress.com/>). Centre to Shaun's life purpose is the ability to bring the best out of people through questions, observations and story telling.

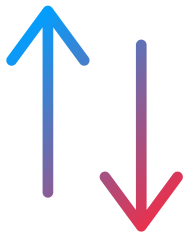
Shaun has written an e-book called The Heart of Service. He also wrote a book called My Life-My Career, on the stories of resilience of over 20 top agents in AIA. Shaun is also the founding curator of Global Shapers Bandar Seri Begawan, an NGO arm of the prestigious World Economic Forum.

Culture of Growth @ Work

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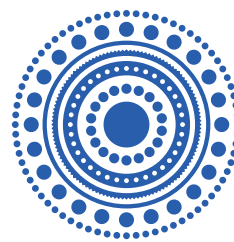
Other Available Topics



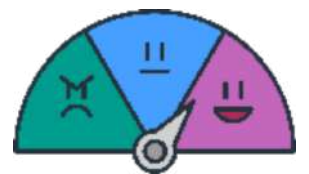
1. Change & Adaptability



2. Leadership



3. Growth Mindset & Culture



4. Customer Service



5. Sales



6. Entrepreneurial
Mindset



7. Relationships &
Communications



8. Creativity



9. Problem Solving
& Productivity



10. Climate Change
& Sustainability

More Information

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Our Esteemed Clients

