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## **Synopsis**

Transform your team's productivity and reignite their passion for excellence. This intensive workshop equips leaders and executives with proven strategies to achieve peak performance in today's demanding workplace.

#### What You'll Learn:

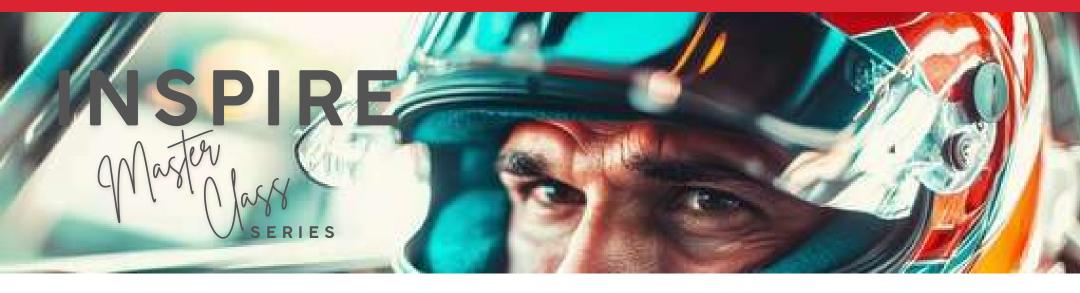
We begin with a fundamental shift in thinking: prioritizing what's essential before optimizing how we work. Drawing insights from elite athletes' mindsets and performance psychology, you'll discover how to cultivate professional pride that drives exceptional results.

#### **Outcome:**

Leave with actionable frameworks and mindset shifts that will immediately enhance your effectiveness and help you build a culture of sustained high performance.

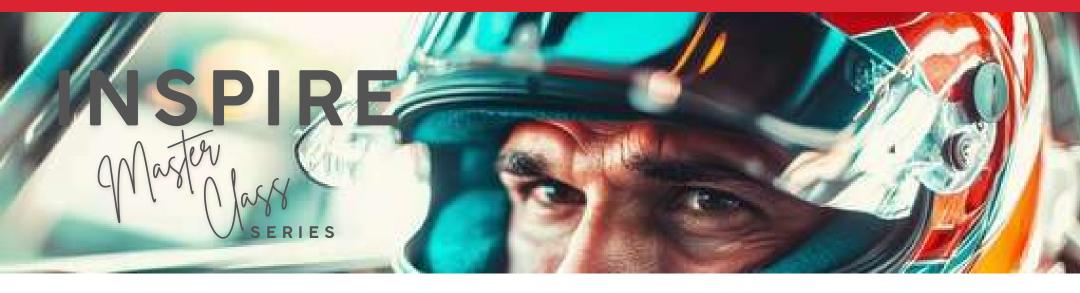
#### **Who Should Attend:**

Leaders, executives, and ambitious professionals ready to elevate their performance and inspire their teams to achieve extraordinary results.



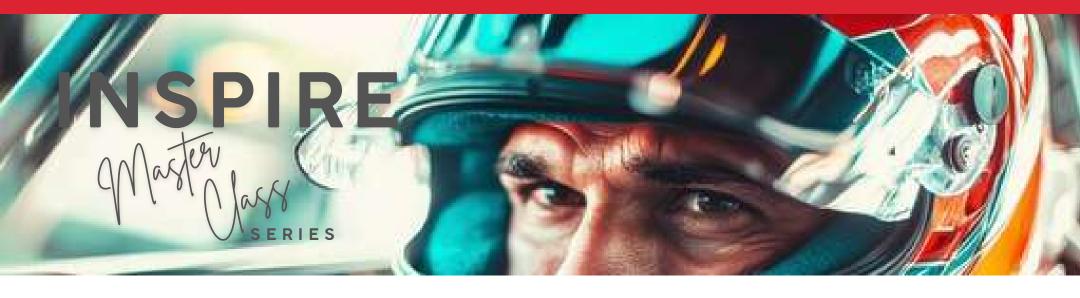
## **Key Objectives:**

- Develop Strategies to Improve Performance & Productivity at Work.
- Boost your Personal Capacity for Effeciency & Effectiveness.
- Ignite your Passion for Work
- Strengthen Individual Morale & Professional Pride.
- Consolidate Team Spirit and Culture.



## **Program Outline**

- Doing the right things vs doing things right
- How to set Priority?
- Developing laser-sharp focus in a distracted world
- Embracing productive urgency and strategic speed
- Case studies of the world's elite sports performers
- Implementing Kaizen's continuous improvement philosophy
- Building a mastery mindset for long-term career growth
- Creating high-performance habits that stick



### **Course Details**

Tuesday, 25 November 2025 Date:

Balai Khazanah, Classroom 1 Venue:

• Duration: 6 hours

• TIme: 9am - 12pm, 1.30pm - 4.30pm

• Provision: 2 Tea Break & Lunch

Certificate of Attendance

#### **Course Fees**

 Normal Rate: BND 300 / Pax

• Early Bird Fee: BND 250 / Pax

Register before 30 September 2025

• Group Discount: BND 200 / Pax

Minimum 4 pax

• Individual Bulk Discount: BND 200 / Class

o Minimum 4 Classes Enrolment

## Special Corporate Arrangement Available!

BND 2,500 / Half Day

BND 3,500 / Full Day

Customised Content

Client's Preferred Date

No Maximum Capacity

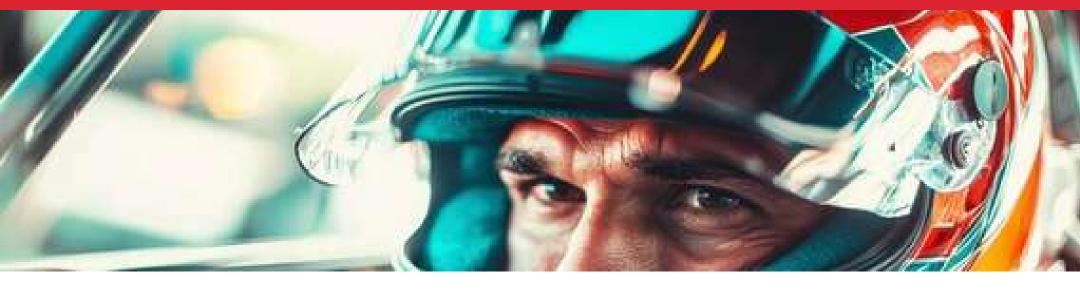
Exclusion: Venue & Catering



Shaun Hoon is the founder of Curious Mind, a platform to connect thought leaders and change makers to corporations and higher institutions to inspire growth and foster opportunities. His core business includes: corporate training, youth development and conferences, specializing in sustainability, soft skills and leadership.

Prior to this, Shaun started Inspire and Inspire Living Magazine to help readers live better and strive for greatness (See http://inspirebn.wordpress.com/). Centre to Shaun's life purpose is the ability to bring the best out of people through questions, observations and story telling.

Shaun has written an e-book called The Heart of Service. He also wrote a book called My Life-My Career, on the stories of resilience of over 20 top agents in AIA. Shaun is also the founding curator of Global Shapers Bandar Seri Begawan, an NGO arm of the prestigious World Economic Forum.



## Other Available Topics



1. Change & Adaptability



2. Leadership



3. Growth Mindset & Culture



4. Customer Service



5. Sales



6. Entreprenurial Mindset



7, Relationships & Communications



8. Creativity



9. Problem Solving& Productivty

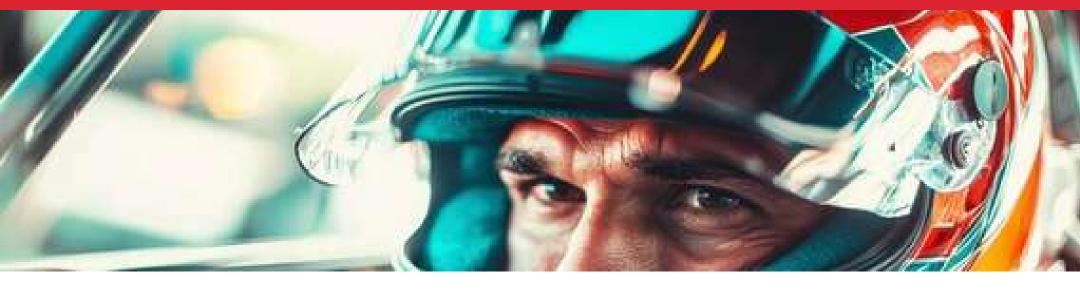


10. Climate Change& Sustainability

#### **More Information**



- Tel: 717 4286
- shaun@curiousmind.biz
- www.curiousmind.biz



### Our Esteemed Clients





















